



**Nursing
Management
Program**



PATRIK ROSSI, ACTING CEO
PHOTO: FREDRIC MÖLLER EKLUND

Together we create the best healthcare

As the acting CEO of Karolinska University Hospital, I'm privileged to introduce our Nursing Management Program. This initiative is a testament to our dedication to elevating nursing standards worldwide.

Ranked 7th globally and one of the leading hospitals in Europe according to Newsweek Magazine's "World's Best Hospitals 2024", we've tailored this program to enhance your management skills, providing the latest knowledge for confident leadership in healthcare. Through this program, we aim to empower nurses with ability to lead change in care.

Join us in this journey to redefine the role of nurses as change agents, impacting healthcare on a global scale.

Patrik Rossi, acting CEO
Karolinska University Hospital

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Overview



2 428

Researchers

3 200

Scientific papers/year

4 496

Nurses

15 900

Employees

Karolinska University Hospital is Stockholm Region's appointed university hospital with a specific task of providing specialized and highly specialized healthcare.

"Karolinska also treats patients from other regions and from other countries. Karolinska has been given the primary responsibility in the region to undertake research and to educate students in cooperation with the Karolinska Institute and other higher-education institutions and universities.

Karolinska's Key Assignments



Healthcare



Research



Education

Karolinska University Hospital: Ranked among the top 10 university hospitals globally according to Newsweek Magazine's "The Best Hospitals 2023." This is your chance to learn from the best.

Cutting-Edge Research: With over 1500 clinical studies, over 100 ongoing nursing development projects, you'll have the opportunity to learn from professionals, leading in their fields.

Center of Innovation: Immerse yourself in a dynamic environment that thrives on innovation and creativity. Discover how innovative solutions are transforming the healthcare industry.

Karolinska's

Vision, Mission & Values



VISION

We will cure and relieve tomorrow what no-one can cure and relieve today



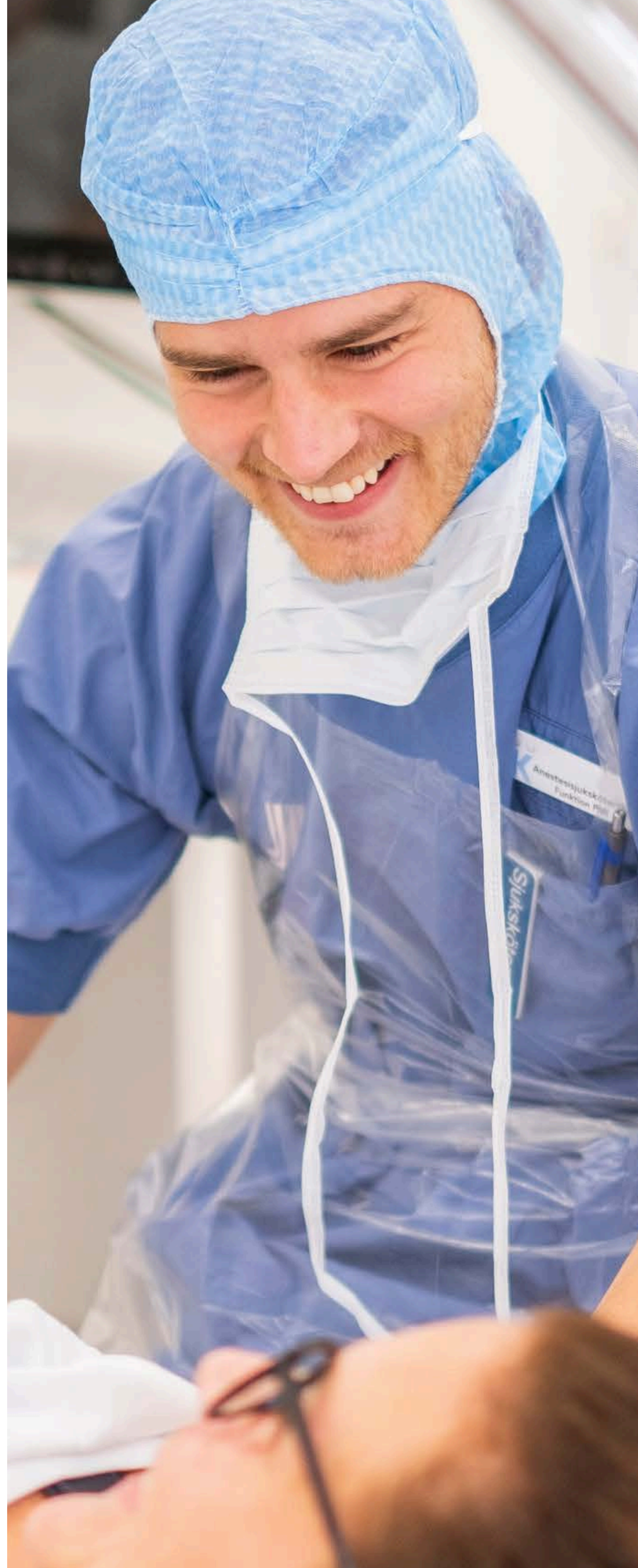
MISSION

We are best at the most difficult. We take responsibility for our common resources.



VALUES

Responsibility
Compassion
Holistic approach



Leading the Future Development of Nursing



Leadership

Our focus is to ensure that every team member takes responsibility for their role, fostering a collaborative environment where our staff remains closely connected to the patient, guaranteeing the best care possible.

Professional development

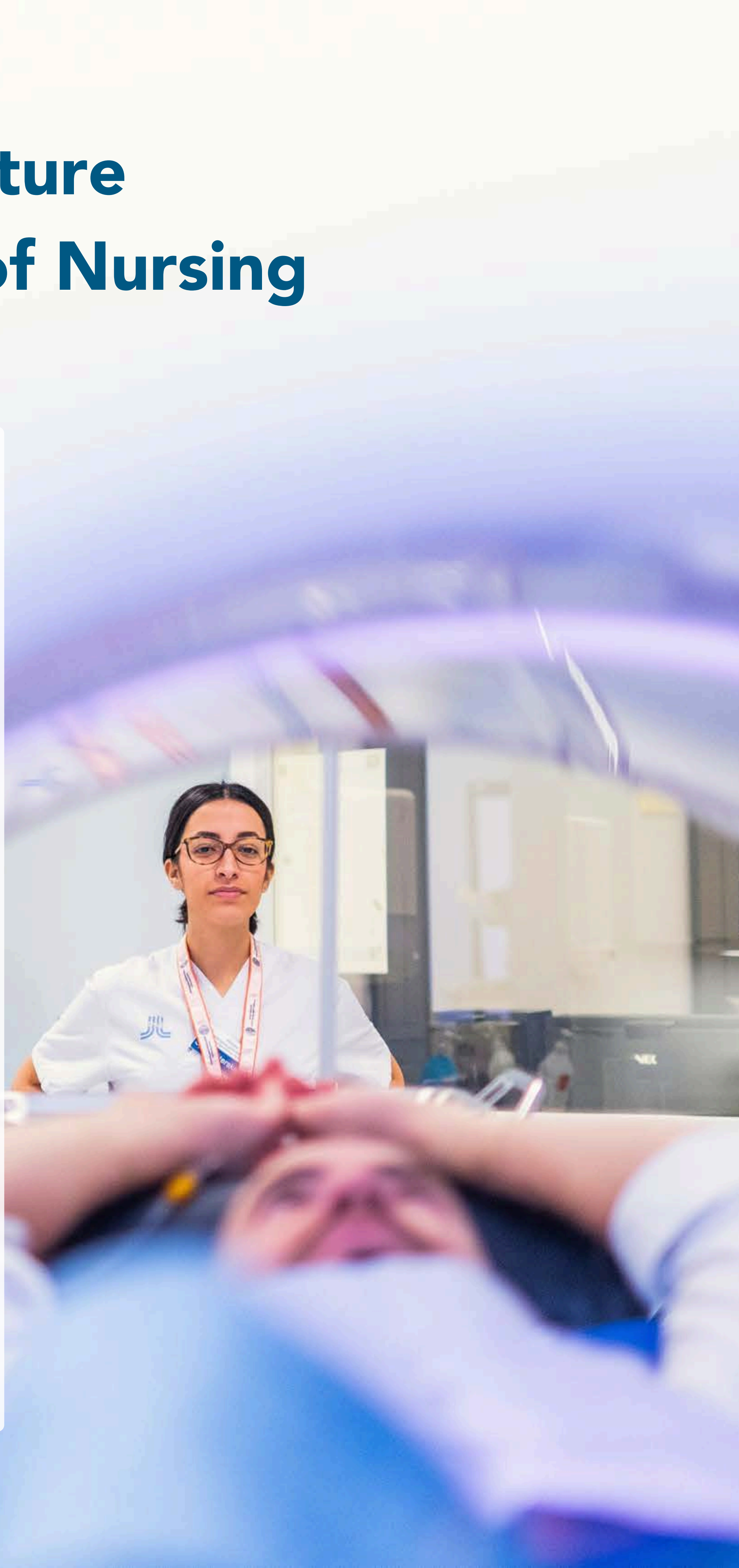
We are dedicated to shaping the future of healthcare through driving professional development, offering clear pathways for enhancing competence, and nurturing a sustainable working environment.

Leading innovation

We embrace a culture of co-creating innovation, where we dare to explore the unexplored. This fuels the development of cutting-edge techniques and technologies, which we integrate into our daily nursing care to ensure constant progress.

Data-driven care

At Karolinska, we take pride in providing nursing care that consistently achieves measurable results, offering person-centered and evidence-based high-quality care that is co-created with our patients. Patient-focused nursing variables are a fundamental component of all our quality registers, and daily evaluations drive the ongoing enhancement of nursing care quality. Patient well-being is at the heart of everything we do.





Is this the right program for you?

Are you a nursing leader looking to elevate your career and professional development? Are you interested in exploring the world of nursing in Sweden, gaining insights into clinical studies, and experiencing job shadowing opportunities? If so, we are excited to introduce our comprehensive Nursing Management Program at Karolinska University Hospital! underrubrik

Learning pathway

Our four-day program is designed to provide participants with a comprehensive overview of Nursing in Sweden, Career and Professional Development, Nursing Role in Clinical Studies, and Job Shadowing through hands-on workshops.

It's the perfect opportunity to expand your knowledge and skills in the field.

Target group

This program is tailored for nursing leaders worldwide who are eager to advance their careers and broaden their horizons. If you're looking to take your nursing management skills to the next level, this program is for you!

Key Outcome – the ability to lead change

The Karolinska Nursing Management program presents a unique chance to learn from experienced leaders in the field, with a specific focus on developing the skills to lead and implement change as integral aspects of the program.

Program Outline

1

Module 1: Healthcare Policy and Governance

The purpose of the session is to make introduction to healthcare system in Sweden. What is unique for Sweden? Understanding healthcare policies, regulations, and role of Nurses.

- Universal Healthcare Coverage
- Decentralized Governance
- Emphasis on Prevention and Health Promotion and role of Nurses
- Emphasis on Research and Innovation and role of Nurses
- National Specialised Medical Care System

2

Module 2: Change Management and Professional Development

Importance of well established, motivating career pathway for Nurses.

- Nursing leadership in healthcare delivery
- Exploration of different career paths within nursing
- Continuing education and professional growth opportunities
- Nursing specialties and advanced practice roles

3

Module 3: Nursing Role in Clinical Studies

Due to its status as one of the world's top research university hospitals, Karolinska conducts numerous leading research projects. Nurses at Karolinska play a crucial role in these studies.

- Nursing Leadership in Clinical Education, Research, and Healthcare Practice
- Examples of roles such as Nurse Researcher and Clinical Trial Nurse
- Nurse-led research at Karolinska University Hospital

4

Module 4: Job Shadowing and Workshop

It is crucial to observe the workplace challenges in the field of Nursing during the first half of the day. This will be followed by an interactive workshop that will revolve around the observations made and provide a recap of the entire program.

- The day will be divided into 4 different job shadowing groups
- Exploration of day-to-day practices and challenges
- Identification of best practices
- Engaging workshop sessions and discussion groups

Karolinska
University
Hospital

Prominent Presenters



Patrik Rossi

MD, PhD, acting Chief Executive Officer of Karolinska University Hospital

An anesthesiologist by training and with extensive clinical and research experience, Patrik has held various senior leadership positions at Karolinska, most recently as Head of the hospital's Cancer Theme, and has been part of Karolinska's executive management team for several years. During his tenure as Head of the hospital's Cancer Theme, Patrik oversaw the creation of a two-legged leadership structure, strengthening the nursing profession's role.



Katarina Meijers

Director of Nursing at Karolinska University Hospital

Katarina Meijers is the Director of Nursing in the Emergency & Reparative Medicine Theme and a Nurse Specialist in Intensive Care. Since 2008, she has been a leader in healthcare with experience in change management. She serves as one of the Chiefs of Staff in Karolinska's organization for Emergency & Incidents planning. Since 2019, she has been the point of contact for Karolinska Hospital in the Nursing Network of the EUHA alliance and a member of the Steering Group for collaboration between Tampere and Karolinska.



Yvonne Wengström

Director of Nursing Development at KCCC and Professor at Karolinska Institutet

Yvonne, an oncology nurse, has been dedicated to cancer care since 1989. She currently leads nursing development efforts at the Karolinska Comprehensive Cancer Center. Specializing in breast cancer research, she advocates for translating research into practice, contributes to international committees, and promotes excellence in fundamental care globally.



Oili Dahl

Director of Development & Education in Perioperative Medicine and Intensive Care at Karolinska University Hospital

Oili, an Intensive Care Nurse with a PhD, has dedicated 30 years to nursing development and has extensive leadership experience. She leads specialist education for nurses and oversees programs for continuous professional development. Additionally, Oili serves as the president of the Swedish Society of Nursing, a professional organization focused on education, research, quality in care, and ethics.



Anna Wiberg

Director of Nursing, Cancer Theme at Karolinska University Hospital

Since 2003, Anna has held key managerial roles in various departments at Karolinska, culminating in her current position as Director of Nursing within the Cancer Theme since 2016. With a master's degree in leadership and organization, she brings significant experience, particularly in the field of change management.



Travel Information

To get to Karolinska University Hospital from Arlanda Airport:

Option A, Airport buses:

To and from Arlanda airport, you can take the airport buses. They go to Stockholm Central Station and takes approximately 45 minutes. For tickets and information, [click here](#).

From the Central Station, you can take the subway (green line) to Odenplan station and take buss number 6 or 507, and stop at 'Karolinska sjukhuset Eugeniavägen (Solna)'.

Or go one station further to St:Eriksplan station (green line), and opt for busses 3 or 77, and stop at 'Karolinska sjukhuset Eugeniavägen (Solna)'.

See [SL](#) for tickets and more information about the subway and busses in Stockholm.

Option B, Arlanda Express:

The fastest way to travel to and from Arlanda airport. The express train departs every 15 minutes and takes 18 minutes to Stockholm Central Station.

For tickets and information, [click here](#).

From the Central Station, please see the subway and buss options under Option A.

Accommodation Information



Elite Palace Hotel

Location:

St. Eriksgatan 115, 113 43 Stockholm – 850 m from Karolinska University Hospital.

- [Details, Elite Palace Hotel, Stockholm](#)



Elite Hotel Carolina Tower

Location:

Eugeniavägen 6, 171 64 Stockholm – 50 m from Karolinska University Hospital.

- [Details, Elite Hotel Carolina Tower, Stockholm](#)



Best Western Time Hotel

Location:

Vanadisvägen 12, 113 46 Stockholm – 1,2–1,3 km from Karolinska University Hospital.

- [Details, Best Western Time Hotel, Stockholm](#)

>> [See in the Google Maps list the locations of the suggested accommodation options.](#)

Application and Information

Don't miss this opportunity to improve your nursing management skills, discover the Swedish healthcare system, and network with global professionals.

For application and registration details, please contact us directly via email at:
fevzi.ozturk@regionstockholm.se

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If you have any general questions concerning the program, don't hesitate to contact us via email:
info.karolinskahospital@regionstockholm.se

Stay updated about Karolinska University Hospital by connecting with us on our social media platforms.

