



# Nursing Management Program 2026

# Karolinska University Hospital

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CEO Christophe Pedroletti

Photo: Liza Simonsson

## Shaping healthcare together

As CEO of Karolinska University Hospital, I am pleased to introduce the Nursing Management Program 2026, an opportunity for nurses from around the world to come together, share experiences, and learn from each other. Last year, the program fostered meaningful exchanges of knowledge and practical insights, and this year, we aim to continue building on that spirit of collaboration.

Healthcare today is complex and constantly evolving. By learning from diverse perspectives and working together, we can strengthen teams, enhance patient care, and lead with confidence. This program provides nurses with practical tools, insights, and strategies to navigate challenges, support their colleagues, and contribute positively to their organizations.

At Karolinska, we see progress in healthcare as a shared journey. Through dialogue, reflection, and hands-on experiences, the program highlights the value of collective knowledge and the difference we can make when we act together. I warmly invite you to join us, explore new ideas, strengthen your leadership, and help shape the future of healthcare.



Christophe Pedroletti, CEO  
Karolinska University Hospital

# Overview

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**Karolinska University Hospital** is among the leading hospitals internationally, offering highly specialized care, research, and education in Stockholm and beyond. Through close collaboration with Karolinska Institutet, a well-established center for medical research, patient care, research, and education are closely connected in everyday practice.

At Karolinska, innovation goes hand in hand with a strong focus on patients and their well-being. Our modern facilities are designed to support care, recovery, and learning. As part of the Nursing Management Program, participants will have the opportunity to learn from experienced professionals and gain insight into how healthcare is developed and delivered in practice.

With a strong research environment and a broad clinical scope, Karolinska contributes to the continuous development of patient care. A key part of this work is the use of data to support informed decision-making, helping teams refine treatments and offer more personalized care.

Digital tools and artificial intelligence also play a growing role, supporting diagnostics and the development of therapies, including in cancer care, by enabling efficient and careful analysis of complex information.



# Shaping the future of nursing

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At Karolinska University Hospital, we believe that strong, collaborative leadership is key to advancing nursing practice. By encouraging innovation, supporting meaningful improvements in patient care, and promoting professional growth, we work together to shape the future of healthcare. This program offers nursing leaders practical insights, tools, and hands-on experiences to lead with confidence and make a positive difference within their teams and organizations.

## Leadership

Develop your ability to guide and inspire teams in a way that balances operational responsibilities with compassionate patient care. The program highlights collaboration, accountability, and clear communication, helping every team member contribute effectively to shared goals.

## Career pathways

Discover ways to advance your professional growth through interactive sessions, workshops, and practical learning. Build strategies to lead with innovation, influence change, and strengthen your role in today's increasingly complex healthcare environment.

## Change management

Gain approaches to navigate and lead change in dynamic healthcare settings. Learn how to foster resilience, support professional development, and build adaptable teams that can respond to evolving challenges with confidence.

## Competence staffing

Explore approaches for creating flexible, effective teams that can meet the demands of modern healthcare. Understand how thoughtful staffing practices can improve team performance, support patient care, and enhance the overall resilience of your organization.



Job Shadowing in Huddinge

Photo: Fredric Möller Eklund



# Is this program right for you?

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**Are you a nursing leader looking to grow your expertise and strengthen your leadership skills?**

The Nursing Management Program 2026 is designed for ambitious professionals seeking an immersive, four-day learning experience that combines practical insights with exposure to Sweden's innovative healthcare practices.

The program focuses on leadership and change management, covering essential topics such as quality improvement, collaborative learning, and innovative care strategies. A key focus is competence staffing, where you'll explore strategies to build resilient, adaptable teams in complex healthcare environments. Through tailored visits to clinical wards, you'll gain firsthand experience and inspiration to drive meaningful improvements in your own organization.

## Enhance your nursing leadership skills

Exclusive ward visits aligned with your area of expertise provide a unique opportunity to observe Karolinska's clinical practices, reflect on team dynamics, and see innovative approaches to patient care in action.

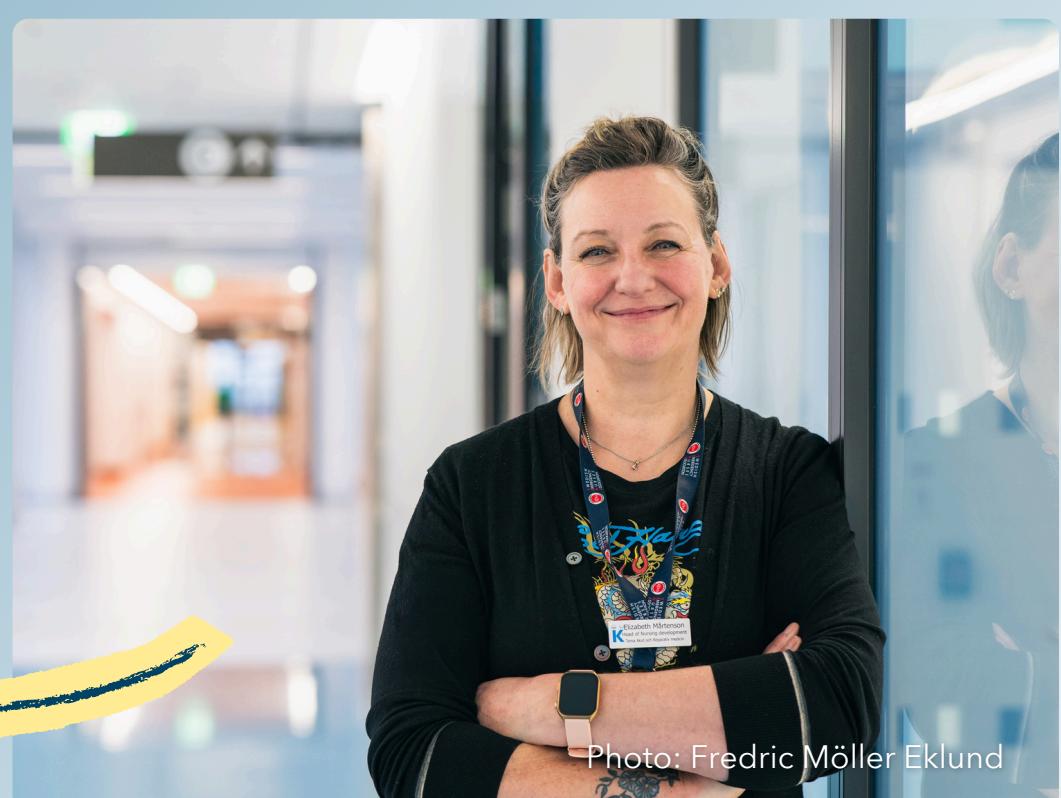
Connect with a global network of nursing professionals and broaden your perspective. This program offers you the chance to expand your knowledge, gain practical insights, and grow as a transformative leader in nursing.

Watch the film and hear how  
previous participants experienced  
the program

[Click here!](#)

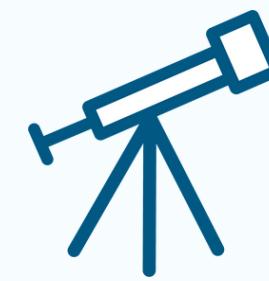
## Key outcome: Leading change with confidence

The Nursing Management Program equips participants with the critical skills needed to implement change effectively, learn from experienced leaders, and bring practical, actionable strategies back to their teams.



# Karolinska's Vision, Mission & Values

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## VISION

We will cure and relieve tomorrow what no-one can cure and relieve today.



## MISSION

We are best at the most difficult. We take responsibility for our common resources.



## VALUES

Responsibility  
Compassion  
Holistic approach



# Program outline

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## Leading change in healthcare

The program supports you in driving transformation by integrating leadership, change management, and innovation into everyday healthcare practice. Explore strategies to strengthen quality, build resilient teams, and manage competence staffing effectively. You'll gain practical insights that can be applied directly in your organization to support sustainable improvements and enhance patient care.

## Tailored job shadowing

Participate in focus visits designed around your specific medical area, gaining firsthand experience of Karolinska University Hospital's clinical practices and innovative approaches. This experience offers practical, specialty-specific knowledge and the opportunity to learn from experienced professionals in your field.

## Shaping your career path

This program provides tools and guidance to advance your leadership skills and navigate the challenges of modern healthcare. Learn how to manage change, encourage continuous improvement, and introduce innovative solutions. By the end of the program, you will feel confident to lead and make a meaningful contribution to your team and professional development.

## Nursing leadership

Develop essential leadership skills to motivate teams, inspire collaboration, and guide positive change. Building on insights from earlier sessions, you will explore how to lead with confidence in dynamic and evolving healthcare environments.



# Meet the team

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When you join us, we want you to feel welcome and supported. Our speakers and facilitators bring diverse expertise and perspectives, united by a shared commitment to collaboration, respect, and learning together. Throughout the program, you will be guided by professionals dedicated to creating a safe, inclusive environment that encourages open dialogue and meaningful exchange.



## Anna Wiberg

### Director of Nursing, Cancer Theme at Karolinska University Hospital

Anna has held key managerial roles in various departments at Karolinska, culminating in her current position as Director of Nursing within the Cancer Theme since 2016. With a master's degree in leadership and organization, she brings significant experience, particularly in the field of change management.



This program is a unique opportunity to learn from experienced experts and gain hands-on experience in our specialized medical wards.



## Yvonne Wengström

### Professor at the Karolinska KCCC and Karolinska Institutet

Yvonne, an oncology nurse, has been dedicated to cancer care since 1989. She is a senior advisor on nursing development efforts at the Karolinska Comprehensive Cancer Center. Specialized in breast cancer, she leads a research group in exercise oncology and advocates for translating research into practice, contributes to international committees, and promotes excellence in fundamental care globally.



## Oili Dahl

### Head of Development & Education in Perioperative Medicine and Intensive Care at Karolinska University Hospital

With over 30 years of experience in nursing development and leadership, and holding a PhD, Oili leads specialist education for nurses and oversees continuous professional development programs. She also serves as President of the Swedish Society of Nursing, a professional organization dedicated to education, research, quality of care, and ethics.



## Carolin Nymark

### Director of Nursing Development at Karolinska University Hospital

Carolin has over 30 years of experience in nursing, specialising in cardiovascular nursing. Over the past decade, she has held the position of Director of Nursing Development at the Heart and Vascular Centre, where she advocates for education and professional development. In addition, she is an Associate Professor at Karolinska Institutet and supervises several clinical doctoral students.





### **Lizzy Mårtenson**

**Head of Nursing development, Emergency and Reparative Medicine theme at Karolinska University Hospital**

Lizzy has over 30 years of clinical nursing experience and has spent the past decade developing emergency and acute care nursing. At Karolinska University Hospital, she leads competence development networks and quality improvement initiatives, including implementation of her doctoral research on patient involvement. Since 2023, she has also supported the introduction of the evidence-based HIRAIID framework in Swedish emergency departments in collaboration with the Swedish Emergency Nurses Association.



### **Melissa Kotte**

**Oncology Nurse, Cancer Theme at Karolinska University Hospital**

Melissa is an oncology nurse in the Cancer Theme at Karolinska University Hospital and a researcher at Karolinska Institutet. With a PhD and a master's degree in leadership and organization, she brings extensive experience in cancer care and nursing development, while her research focuses on exercise to improve health outcomes and quality of life for people living with and beyond cancer.



### **Annica Rosenborg**

**Director of Nursing, Emergency and Reparative Medicine Theme**

Annica has served as Director of Care Unit within Theme ARM since 2024. She has a background in business development and has held various management roles at different levels within both regional and private healthcare. Annica holds a master's degree in leadership and organizational development.



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We look forward to welcoming you and exploring this journey of learning and leadership together.

## To get to Karolinska University Hospital from Arlanda Airport

### Option A - Airport buses

To and from Arlanda Airport, you can take the airport buses to Stockholm Central Station, with a journey time of approximately 45 minutes. For tickets and information, [click here](#).

From Central Station, you have two options to reach Karolinska University Hospital:

1. Take the green line subway to Odenplan station, then board bus 6 and get off at Hagaplan.
2. Alternatively, take the green line one stop further to St. Eriksplan station, then take bus 3 or 5 and get off at Hagaplan.

For tickets and schedules for Stockholm's subway and bus services, [see SL](#).

### Option B - Arlanda Express

The fastest way to travel to and from Arlanda airport. The express train departs every 15 minutes and takes 18 minutes to Stockholm Central Station.

For tickets and information, [click here](#).

From the Central Station, please see the subway and buss options under Option A.



# Accommodation information

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For your convenience, we have listed three hotels located within a short distance of Karolinska University Hospital. These accommodations are easily accessible and provide a practical option for those visiting the hospital.

Please note that accommodation is not included in the participation fee and must be arranged and paid for individually.



## Elite Palace Hotel

Location:

St. Eriksgatan 115, 113 43 Stockholm - 850 m from Karolinska University Hospital.

- [Details, Elite Palace Hotel, Stockholm](#)



## Elite Hotel Carolina Tower

Location:

Eugenivägen 6, 171 64 Stockholm - 50 m from Karolinska University Hospital.

- [Details, Elite Hotel Carolina Tower, Stockholm](#)



## Best Western Time Hotel

Location:

Vanadisvägen 12, 113 46 Stockholm - 1,2-1,3 km from Karolinska University Hospital.

- [Details, Best Western Time Hotel, Stockholm](#)

[See in the Google Maps list the locations of the suggested accommodation options](#)



# Application & information

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Don't miss this opportunity to improve your nursing management skills, discover the Swedish healthcare system, and network with global professionals.

The participation fee for the program is €1,500.

Please note that accommodation is not included in the participation fee and must be arranged and paid for individually.

For general inquiries about the programme or payment, please contact us directly via email at: [anna.u.wiberg@regionstockholm.se](mailto:anna.u.wiberg@regionstockholm.se)

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Stay updated about Karolinska University Hospital by connecting with us on our social media platforms.



Photo: Fredric Möller Eklund

